(The Discourse that Set the Dhamma Wheel Rolling)

(from Vinaya Mahāvagga 1)

Translated by Ānandajoti Bhikkhu
(The Discourse that Set the Dhamma Wheel Rolling)

The Middle Way

...then the Fortunate One addressed the group-of-five monks, saying:

“There are these two extremes, monks, that one who has gone forth ought not to associate with,

which is this: devotion to the pleasure and happiness in sense pleasures,
which is low, vulgar, worldly, ignoble, and not connected with the goal;
and this: devotion to self-mortification,
which is painful, ignoble, and not connected with the goal.

Not having approached either of these two extremes, monks, the middle practice was awakened to by the Realised One, which produces vision, produces knowledge, and which leads to peace, deep knowledge, Complete Awakening, and Nibbāna.

Now what is this middle practice, monks, that was awakened to by the Realised One, which produces vision, produces knowledge, and which leads to peace, deep knowledge, Complete Awakening, and Nibbāna?
It is this noble path with eight factors, as follows:

- right view
- right thought
- right speech
- right action
- right livelihood
- right endeavour
- right mindfulness
- right concentration.

This is the middle practice, monks, that was awakened to by the Realised One, which produces vision, produces knowledge, and which leads to peace, deep knowledge, Complete Awakening, and Nibbāna.

**The Four Noble Truths**

Now this, monks, is the noble truth of suffering:

- birth is suffering
- also old age is suffering
- also sickness is suffering
- also death is suffering
- being joined to what is not dear is suffering
- being separated from what is dear is suffering
- also not to obtain what one longs for is suffering
- in brief, the five constituents (of mind and body) that are attached to are suffering.

Now this, monks, is the noble truth of the arising of suffering:
it is that craving which leads to continuation in existence, which is connected with enjoyment and passion, greatly enjoying this and that, as follows:

- craving for sense pleasures
- craving for continuation
- craving for discontinuation.

Now this, monks, is the noble truth of the cessation of suffering:

it is the complete fading away and cessation without remainder of that craving - liberation, letting go, release, and non-adherence.

Now this, monks,

is the noble truth of the practice leading to the end of suffering:

It is this noble path with eight factors, as follows:

- right view
- right thought
- right speech
- right action
- right livelihood
- right endeavour
- right mindfulness
- right concentration.
Realisation

“This is the noble truth of suffering” - to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.

Now that to which “this is the noble truth of suffering” refers (i.e. suffering itself) ought to be fully known - to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.

Now that to which “this is the noble truth of suffering” refers has been fully known - to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.

“This is the noble truth of the arising of suffering” - to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.

Now that to which “this is the noble truth of the arising of suffering” refers (i.e. craving) ought to be given up - to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.

Now that to which “this is the noble truth of the arising of suffering” refers has been given up, to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.
“This is the noble truth of the cessation of suffering” - to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.

Now that to which “this is the noble truth of the cessation of suffering” refers (i.e. Nibbāna) ought to be experienced - to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.

Now that to which “this is the noble truth of the cessation of suffering” refers has been experienced - to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.

“This is the noble truth of the practice going to the cessation of suffering” - to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.

Now that to which “this is the noble truth of the practice leading to the end of suffering” refers (i.e. the practice itself) ought to be developed - to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.

Now that to which “this is the noble truth of the practice leading to the end of suffering” refers has been developed - to me, monks, regarding these previously unheard-of things vision arose, knowledge arose, wisdom arose, understanding arose, light arose.
For as long as to me, monks, in regard to these four noble truths - turned like this, in three ways, twelfefold - knowledge and seeing as it really is was not quite clear, for that long, monks, I did not declare to the world with its gods, Māra, and Brahma, to this generation, with its ascetics and brahmins, princes and men, that I was fully awakened with unsurpassed complete awakening.

But when to me, monks, in regard to these four noble truths - turned like this, in three ways, twelfefold - knowledge and seeing as it really is was quite clear then, monks, I did declare to the world with its gods, Māra, and Brahma, to this generation, with its ascetics and brahmins, princes and men, that I was fully awakened with unsurpassed complete awakening.

To me knowledge and seeing arose:

“Sure is my freedom of mind
this is my last birth
now there is no continuation of existence.”

\textbf{The First Attainment}

The Fortunate One said this, and the group-of-five monks were uplifted and greatly rejoiced in what was said by the Fortunate One.

Moreover, as this sermon was being given, to venerable Koṇḍañña the dust-free, stainless, Vision-of-the-Dhamma arose:
Whatever has the nature of arising,
all that has the nature of ceasing.

**The Gods Rejoice**

Now when the Dhamma Wheel was set rolling by the Fortunate One the Earth gods let loose a cry:

“The Fortunate One, while near Bārāṇasī, in the Deer Park at Isipatana, has set rolling the unsurpassed Dhamma Wheel, and it cannot be rolled back by an ascetic or by a brahmin or by a god or by a demon or by a deity or by anyone in the world.”

Having heard the cry of the Earth gods the gods called the Four Great Kings let loose a cry:

“The Fortunate One, while near Bārāṇasī, in the Deer Park at Isipatana, has set rolling the unsurpassed Dhamma Wheel, and it cannot be rolled back by an ascetic or by a brahmin or by a god or by a demon or by a deity or by anyone in the world.”

Having heard the cry of the gods called the Four Great Kings the Tāvatiṃsa gods let loose a cry:

“The Fortunate One, while near Bārāṇasī, in the Deer Park at Isipatana, has set rolling the unsurpassed Dhamma Wheel, and it cannot be rolled back by an ascetic or by a brahmin or by a god or by a demon or by a deity or by anyone in the world.”

Having heard the cry of the Tāvatiṃsa gods the Yāma gods let loose a cry:
“The Fortunate One, while near Bārāṇasī, in the Deer Park at Isipatana, has set rolling the unsurpassed Dhamma Wheel, and it cannot be rolled back by an ascetic or by a brahmin or by a god or by a demon or by a deity or by anyone in the world.”

Having heard the cry of the Yāma gods the Tusita gods let loose a cry:

“The Fortunate One, while near Bārāṇasī, in the Deer Park at Isipatana, has set rolling the unsurpassed Dhamma Wheel, and it cannot be rolled back by an ascetic or by a brahmin or by a god or by a demon or by a deity or by anyone in the world.”

Having heard the cry of the Tusita gods the Nimmāṇarati gods let loose a cry:

“The Fortunate One, while near Bārāṇasī, in the Deer Park at Isipatana, has set rolling the unsurpassed Dhamma Wheel, and it cannot be rolled back by an ascetic or by a brahmin or by a god or by a demon or by a deity or by anyone in the world.”

Having heard the cry of the Nimmāṇarati gods the Paranimmitavasavatti gods let loose a cry:

“The Fortunate One, while near Bārāṇasī, in the Deer Park at Isipatana, has set rolling the unsurpassed Dhamma Wheel, and it cannot be rolled back by an ascetic or by a brahmin or by a god or by a demon or by a deity or by anyone in the world.”

Having heard the cry of the Paranimmitavasavatti gods the Brahmkāyika gods let loose a cry:
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“The Fortunate One, while near Bārāṇasī, in the Deer Park at Isipatana, has set rolling the unsurpassed Dhamma Wheel, and it cannot be rolled back by an ascetic or by a brahmin or by a god or by a demon or by a deity or by anyone in the world.”

Thus at that moment, at that second, that cry reached as far as the Brahma worlds, and this ten thousand world-element moved, wavered, and shook, and great and measureless light became manifest in the world, transcending the godly power of the gods.

Then the Fortunate One uttered this inspired utterance:

“Κoṇḍañña surely knows,
Κoṇḍañña surely knows.”

Thus to the venerable Koṇḍañña came the name Aññā Koṇḍañña (Κoṇḍañña, he-who-knows).
The first discourse of the Buddha setting rolling the teaching of the Dhamma is one of the most seminal teachings in history. It gives an outline of the Four Noble Truths and the Eightfold Noble Path; and records the first attainment and the rejoicing of the gods thereat.